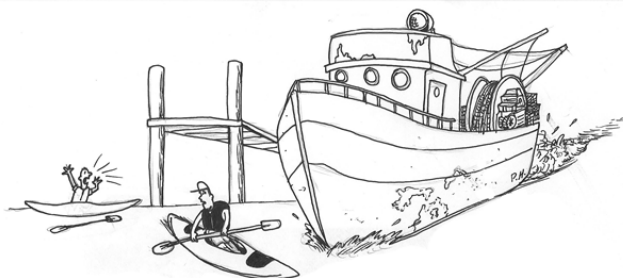


Paddle Smart from the Start Wear your Lifejacket!



"90% of the recreational boating and paddling fatalities that occurred in Maine were not wearing life jackets. Non-motorized boats, including canoes and kayaks alone accounted for 56% of boating and paddling fatalities. Our goal is to provide boaters & paddlers with information that allows safe and confident on water experiences. Most safety problems on the water can be prevented by planning ahead and paddling smart. Remember You're in Command"

- Al Johnson, U.S. Coast Guard



Interactive Displays 5-9pm

talk with the experts... find out about organizations, events and issues that concern paddlers

- * Penobscot Paddle and Chowder Club
- * Penobscot Riverkeepers
- * Penobscot River Restoration Trust
- * TRIP PLANNING BOOTH, Loco Locals!
- * MACKRO racing organization
- * DEP "Milfoil Man"
- * Avoid and recognize Lyme ticks
- * Marine Patrol
- * US Coast Guard
- * Dept of Inland Fish and Wildlife
- * Maine Assoc of Sea Kayak Guides
- * Maine Island Trail Association
- * Interactive Safety Games!
- * and more!

Paddle Smart Event Schedule

- 4:30-5:30 Try before you buy... Demo boats in the pool
- 5:00-9:00 **Food Concession by Husson Swim Team (fund raiser!)**
- 5:00-6:00 Register for Door Prizes and visit exhibitors
- 5:30 -6:00 Welcome and Overview Presentation
- 5:00-9:00 Interactive & informational exhibitor displays

Location 6:15 -7:00 Workshops

- Room 1:** **Racing the Kenduskeag: Technique Tips & Outfitting Your Boat**
MaCKRO (Maine Canoe and Kayak Racing Organization) Jeff Owens
- Room 2:** **How to Make A Traditional Greenland Paddle in Style!**
Rod Chelburg
- Room 3:** **Details of a Coast Guard Rescue and how to be prepared!**
US Coast Guard Sector New England, Robert B. Hollis
- Pool:** **Selecting a Boat: Deciding what boat is right for you!**
Castine Kayak Adventures, Karen Francoeur

Location 7:15 -8:00 Workshops

- Room 1** **Visibility! How many ways can you be seen! Safety on Water**
Ben Fuller
- Room 2:** **Paddling the coast of Maine, Where to go and what to consider!**
Maine Island Trail Association , Dave Mention
- Room 3:** **Paddling Canoes & Kayaks in Moving Water:**
Understanding river classifications, risks and dangers and essential equipment.
Penobscot Paddle & Chowder Society
- Pool** **What Now? Kayak Rescue: Having a capsize plan that works**
Castine Kayak Adventures, Karen Francoeur

Location 8:15 -9:00 Workshops

- Room 2** **Making the Transition from Lake Paddling to Sea Kayaking**
Jeff Strout, Maine Sea Kayak Guide, Bangor Daily News Columnist
- Room 3** **Preparing for and Surviving COLD WATER**
Paul Travis, Master Maine Guide
- Pool** **How to Avoid and Handle a Capsized Canoe/Rescue Demo**
Penobscot Paddle and Chowder Club

9:00 Wrap - up & Door Prizes!