

Castine Kayak Symposium/Festival July 7 and 8, 2007

SATURDAY JULY 7

Top Coaches/instructors! See details on web! Check updated schedule on the Web!

#1 Core Skills Saturday 9-11 Kayak Basics (water) 11-12 Lunch 12-2 Rescue Skills (MMA pool) or 1-4 Eco tour paddle among Castine Islands (water)	# 2 Greenland Track Saturday 9-4 Backshore Beach - Yoga Stretches for Kayak - Greenland Rolling Demo - Greenland Rolling - Lunch Break (bring lunch) -Greenland Paddle Strokes Clinic Coaches: Cheri Perry and Turner Wilson!	#3 Advanced Kayak Skills Track Saturday 9-11 Choice of class: <input type="checkbox"/> Rolling (MMA pool) <input type="checkbox"/> Understanding tides and currents (classroom) <input type="checkbox"/> Core Paddle Stroke Refinement (water) 11-1 <i>Lunch at local Eateries</i> 1-4 Choice of one class <input type="checkbox"/> Coastal Kayak Basics & Strokes (water) <input type="checkbox"/> Working with tides & currents ferrying skills, tidal crossings	#4 Navigation Track Saturday: <input type="checkbox"/> Navigation sequence 9-10 Coastal Navigation Understanding Charts (Class A) 10:30-11:30 Planning a Trip with Compass and Nav tools (Class A) 11:30-1 Lunch 1-4 Navigation on water	#5 Sampler Track Minimal Fee: \$30 <input type="checkbox"/> Boat Demos <input type="checkbox"/> Visit Vendors <input type="checkbox"/> Classroom B Lectures 1/2day rate \$75 (choose 8-12) or (1-5) <input type="checkbox"/> Boat Demos <input type="checkbox"/> Visit Vendors <input type="checkbox"/> Classroom Lectures <input type="checkbox"/> Pool class or on water class <input type="checkbox"/> ½ day paddle excursion <input type="checkbox"/> evening presentation	<u>Lectures Classroom B</u> 9:00-10:00 Safe Boat lifting and car topping strategies 10:30 -11:30 Repairing a Fiberglass or Kevlar Kayak 1:00 - 2:00 Gadgets and Gizmos for Kayakers 2:30- 3:30 Maine Island Trail: How to know where you can paddle
--	---	---	---	--	---

AT THE BACKSHORE BEACH !

3-6 Kayak Demos at the beach Boreal Designs, Necky, Old Town, Current Designs, Dagger, Feathercraft, Perception, Wilderness, Lincoln Kayaks, Hobie, Native, Liquid Lodgic

- Try out a variety of kayak styles to determine what is best for you
- Talk to the experts about paddles and gear!

Presentation/Demonstration: 3:30-4:30 "Sink or Float Depends on the boat" Demonstration of different rescues for various boat types

Presentation/Demonstration: 4:30-5:30 "Greenland Rolling Demonstration with Cheri and Turner

6-8 Campfire, music and cookout food sales at the Backshore Beach! Or dinner on your own at local Castine eateries!

8:30 Evening Slide Presentation TBA

9:30-11:00 Jammin' with Julie Monroe (Social on the water at Dennett's Wharf Restaurant)

SUNDAY JULY 8

#1 Core Skills Sunday 9-11 Rescue Workshop 9-12 Coastal Kayak Basic Stroke and Maneuvers or - classroom workshops - displays Lunch:	# 2 Greenland Track Sunday 9-4 Backshore Beach <input type="checkbox"/> Yoga Stretches for Kayak <input type="checkbox"/> Greenland Rolling Demo <input type="checkbox"/> Greenland Rolling Workshop <input type="checkbox"/> Lunch Break (be sure to bring) <input type="checkbox"/> Greenland Paddle Stroke Clinic Coaches: Cheri Perry and Turner Wilson!	#3 Advanced Kayak Skills Track Sunday AM Choice of <input type="checkbox"/> 8-10 Working with tides & currents (ferrying skills, tidal crossings) <input type="checkbox"/> 10:30 -12:30 Fine tuning Strokes and Maneuvers or <input type="checkbox"/> 9-11 Rescue workshop	#5 Sampler Sunday Minimal Fee: \$30 <input type="checkbox"/> Boat Demos <input type="checkbox"/> Visit Vendors <input type="checkbox"/> Classroom A Lectures Half- day rate \$75 (choose 8-12) or (1-5) <input type="checkbox"/> Boat Demos <input type="checkbox"/> Visit Vendors <input type="checkbox"/> Classroom Lectures <input type="checkbox"/> Pool class or on water class <input type="checkbox"/> ½ day paddle excursion	<u>Sunday am Classroom B</u> 9:00-10:00 Weather and how it affects paddling choices 10:30-11:30 Understanding Tides and Currents
1:30- 5 Group paddle to Holbrook Island		1:30- 5 Paddle journey to Holbrook Island	1:30- 5 Paddle journey to Holbrook Island	

Daily Rate: \$125 Weekend Rate: \$235.....Half Day Rate: \$75.....Sampler Rate: \$30

Sea Kayak Rentals available for additional \$30 fee per day Must be reserved in advance! Personal kayaks must have bulkheads bow and stern.

Pre-registrations postmarked by June 22 will receive a 10% discounts!

Weekend registrants postmarked by June 22 will receive event t-shirt!

Visit the WEB at www.castinekayak.com/festival.htm

or call 659-4831 for more information

