### **Instructional Programs**

Promoting safe paddling through instruction

Sea Kayak Guide Training - Advanced Sea Kayaking This course is designed to prepare future sea kayak guides. Topics covered will include; navigation (piloting and dead reckoning), essential equipment and its uses, guide requirements, trip planning, group management, wind, wave and weather dynamics, marine environment, stroke instruction and rescue clinic.

### Kayak Rescue Clinics:

Have a capsize plan that works for you, your boat and your location!

### Kayak Rolling:

Learn the most efficient capsize recovery skill while increasing your skills and gaining style points!



#### One Day Workshops and Private Lessons

Progress from a beginner to an advanced kayaker through instruction. Learn the art of kayak maneuvering by edging, leaning and bracing. Fine tune boat control in wind and waves. Understand the effect of tides and currents and enhance your trip planning.

### Summer Kids' Camps

Our summer camps provide children with an opportunity to experience safe and fun kayaking in the bay while learning to identify potential hazards, make informed decisions, plan trips and minimize risk factors. Efficient paddling skills and an understanding of island ethics and LNT practices prepare them for a lifetime of exploring the world by water and potential outdoor careers in the future!



## Castine Kayak International Winter Excursions

### Premier Paddling Adventures

Galapagos ~ Brazil ~ Baja Panama ~ Florida Everglades ~ and more!







Owned and operated by; Karen Francoeur, "Master Maine Sea Kayak Guide"

### GETTING TO CASTINE

17 Sea St. Castine, ME

From Bucksport Take Rt 175 to 166 into Castine. Follow right on Battle Ave. Turn left onto Main St. Drive down to the waterfront. You'll find the Castine Kayak Shop at Eaton's Wharf.





Professional Registered Maine Sea Kayak Guides & American Canoe Association Certified Instructors MITA & MASKGI Member





## Great Summer Kayak Excursions (May-Oct)

### **Beginner and Experienced Kayakers Welcome!!**

We offer fun, informative & customized adventures, in single or double kayaks. We provide you with top of the line kayaks, paddles, lifejackets and professional instruction.

### Daily Trips - An experience you'll cherish for a lifetime!

### Half Day

Enjoy Sea Kayaking through Castine's beautiful, serene, island-speckled bay as our Registered Maine Sea Kayak Guides lead intimate groups on exciting naturalist ecotours while learning new skills. Explore marine sea life, birding, geology and Castine's rich historical past through customized trips to a variety of locations, going with the flow, based on the sea, the weather and your interests.

Full Day

Take the time to explore all the incredible wonders this coastline has to offer while island hopping and exploring our coastal bays. Marvel at the wonder of reversing falls and experience dramatic 12 foot tidal changes.

Explore the wildlife above and below the water's surface, while enhancing your kayaking skills and gaining a greater understanding of Maine's ocean environment.

10-4 pm Lunch included



9-12 pm & 1-4 pm



# "Unique Nightly Adventures!

## \* BIOLUMINESCENT & STARGAZING NIGHT TOURS \*

### Maine's own Bioluminescent Bay!

**Experience** an unforgettable evening paddle in Castine Harbor under a blanket of stars and in the midst of bioluminescent organisms of the water that swirl and light up with every stroke of your paddle. Fascinating! Castine's Harbor supports a unique ecosystem that creates the perfect environment for these phytoplankton.

In our unique "Floating Planetarium", we'll explore the constellations of the stars of the night sky immersed in the bioluminescent stars of the water! Offered Nightly

### Full Moon & Meteor Shower Paddles

Enjoy the shimmer of the moon and the natural fire works of the galaxy from the ultimate vantage point on a warmsummer evening as shooting stars streak across the evening sky.

### Day and Night Paddling Package

Gain more experience by joining us for a Day and Night combo and receive a discount off your entire purchase!

## Camping Adventures

### Sea Kayak Camping 1-5 night trips

Immerse yourself in the rhythm of the sea on your customized trip. Spend your days exploring inner coves and islands of the Maine Coast while observing wildlife from above and below. In the evening enjoy sunsets and the brilliance of the evening stars and bioluminescence from your island campsite. Guaranteed to exceed your expectations!



## Full Day Adventures

#### Bagaduce Waterway Exploration Series

Explore the Bagaduce Watershed and all the work that's been done to protect this incredible ecosystem! Join us by sea kayak to experience the tidal effects and reversing estuarian waters of the Bagaduce River. Maneuver your kayak through everchanging tidal currents, paddling with the flood tide up the Bagaduce past islands and seal colonies potentially to the Bagaduce Falls. We will use the reversing waters of the ebb tide to return us to our final destination.

### Summer Sojourn Series

Looking to explore, make new friends and breathe in fresh air!? Summer Sojourns provide a great opportunity to enhance your paddling skills and become more comfortable with sea kayaking essentials including trip planning and navigation! Make this the summer to really explore Maine waters by kayak! Expand your paddling horizons with an experienced Maine Guide safely this summer with this great series of paddling adventures visiting some of the most beautiful and varied paddling venues along the coast of Maine.

### Sea Kayaking with Whales

This 3-5 day cabin based kayak trip during the fall takes us to the dynamic feeding grounds where the whales feed in the upwelling nutrient rich waters of downeast Maine and Canada to fuel up for their long journey south.